

# TIPS

## FOR DEALING WITH THE RECRUITING PROCESS ALONE



### FIND OTHER ALLIES

- 1 Find out how much your parents can help.** Even if your parents aren't familiar with the recruiting process, they still might be able to help you make some decisions and find other resources to assist you.
- 2 Get to know your counselors.** They should be able to help you align your classes correctly so you are taking relevant core courses that will count toward college eligibility.
- 3 Ask your teachers if any of them know how to help you.** They may have children who have gone through the process or who have had coaches at other schools who knew the process.
- 4 Consider all the coaches in the school.** Your coach might not know the ropes, but maybe a coach from another sports team at your school does. Ask around.
- 5 Don't forget your teammates.** Some of them might be going through the same process as you or have siblings who have. Their parents might be valuable sources of information, too.
- 6 Continue to engage with your high school coaches.** They may still have information that is helpful to you in the process.

### FIND WAYS TO GAIN EXPOSURE

- 1 Join a club team.** You need someone who will help you beyond just the sport itself. You need some good guidance. Finding a good club coach can help.
- 2 Make game videos and highlights.** These are useful to the recruiting process. However, be very careful about spending a lot of money on them. Coaches just want to see if you can play.
- 3 Attend a college camp.** Your goal for attending camp is not only to improve as a player, but to have a college coach evaluate you and let you know what level they think you can play.

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### COMMUNICATION

Communicating with college coaches not only shows character, but will lead you to more opportunities and more answers. College coaches probably know what level you can play. They know how the recruiting process works and can steer you in the right direction.

- 1 Email a college coach.
- 2 Call a college coach.
- 3 Go visit a college and meet a coach.
  - ★ Remember not to visit a college coach during a dead period.

### KEEP WORKING HARD

Don't forget to keep training. You never know who is watching and what opportunities lie ahead. Keep working on your development.

### ONE LAST THING...

Don't allow your circumstances to hinder you from going through the process.

It takes work, but it is not impossible to find the support and answers you need to continue through the process. You do not have to go through it alone. Reach out and find that support.

For more answers and information, contact us at [hello@findmyteam.com](mailto:hello@findmyteam.com)